

| DENTAL ASSISTANCE  |   |
|--|---|
| Crossroads Clinic  | 444 Valparaiso Pkwy,<br>Bldg C, Valparaiso<br>(850) 389-3015  |
| LeCom  | 101 LECOM Way,<br>DeFuniak Springs,<br>(850) 951-0200   |
| PanCare Health   | 479 E Hwy 20, Freeport<br>850-880-6568  |
| HEALTHCARE   |   |
| Ascension Sacred Heart Hospital/ER   | 7800 U.S. 98, Miramar<br>Beach - 9-1-1  |
| Hope Medical Clinic<br>(free, for uninsured)                                     | 850-837-8424 (new client)<br>Freeport: 16019 331 Bus,<br>Unit 10<br>Destin: 150 Beach Dr -<br>850-270-7130  |
| My Gulf Care<br>(chronic disease<br>management)                                  | 850-278-3546<br>1st Fri (10-1pm) - free<br>screenings & consult at<br>Caring and Sharing of<br>South Walton - 112 Lynn<br>Drive, Santa Rosa Beach |
| Oasis FL (HIV/STI,<br>transgender support)                                       | 850-314-0950<br><a href="http://oasisflorida.org">oasisflorida.org</a>  |
| PanCare Health<br>(sliding scale)  | 479 E Hwy 20, Freeport,<br>850-880-6568   |
| Point Washington<br>Medical Clinic<br>(donation-based,<br>walk-in, lab-fee \$25) | 1321 N Co Hwy 395, SRB,<br>850-213-1133<br>Mon (11-5 pm), Wed (7-2<br>pm), Thurs (10-4pm)   |
| Walton Community<br>Health Ctr (sliding scale)                                   | 361 Greenway Trail,<br>Santa Rosa Beach OR<br>362 State Hwy 83, DFS,<br>850-892-8015  |

| EMPLOYMENT  |   |
|---|---|
| Career Source   | 761 North 20th St<br>DeFuniak Springs<br>850-520-5990   |
| People Ready  | 850-863-8455<br><a href="http://everyjobforme.com">everyjobforme.com</a>                              |
| Shift Smart   | <a href="http://shiftsmart.com">shiftsmart.com</a>  |
| FINANCIAL/HOUSING ASSISTANCE                            |   |
| Caring & Sharing of<br>South Walton*<br>(MWF, 9am-2 pm) | 112 Lynn Drive,<br>Santa Rosa Beach<br>850-267-2866x206   |
| HUD (affordable<br>housing vouchers)                    | 850-892-8185<br><a href="http://waltoncoha.org">waltoncoha.org</a>                                    |
| The Matrix*<br>(by appt only)                           | 37 N. 9th St., DFS<br>850-892-1090  |
| St. Vincent de Paul<br>(leave message)                  | 1-888-229-6582 (Destin, S.<br>Walton, Freeport & DFS)   |
| 90Works* (veterans)                                     | 855-909-6757  |
| LEGAL AID/IMMIGRATION                                   |   |
| Catholic Charities*<br>(Immigration)                    | 11 First Street SE, FWB<br>850-244-2825x1053  |
| Legal Services of N<br>Florida (civil only)             | 850-862-3279<br><a href="https://www.lsnf.org">https://www.lsnf.org</a>                               |
| Handle with Care -<br>WCOS                              | (850) 892-8111 (special<br>assistance for residents<br>with disability or mental<br>health diagnosis) |
| Southeast Disability<br>Advocates                       | 35008 Emerald Coast<br>Pkwy, Ste 301, Destin<br>850-837-7201  |

| TRANSPORTATION  |   |
|---|---|
| Rick McIntosh Memorial<br>Bike Shop (Blue Door)                 | 307 Harbor Blvd, Destin<br>850-687-9330<br>Bikes (MWF 9-12 pm)  |
| Caring & Sharing of<br>South Walton*<br>(MWF, 9am-2 pm)         | 112 Lynn Drive,<br>Santa Rosa Beach<br>850-267-2866x206<br>(bikes, occasional gas<br>cards)   |
| The Matrix*<br>(by appt only)                                   | 37 N. 9th St., DFS<br>850-892-1090 (Bikes, bus<br>tix, occasional gas cards)  |
| Tri-County Community<br>Council                                 | (850) 892-2422<br>Low-cost/free shuttle<br>9am -2pm (call by noon<br>the day before)  |
| MENTAL HEALTHCARE   |   |
| Bridgeway Center  | 137 Hospital Dr   FWB<br>850-833-7500<br><a href="http://www.bridgewaycenter.org">www.bridgewaycenter.org</a>   |
| Caring & Sharing of<br>South Walton*<br>(MWF, 9am-2 pm)         | 112 Lynn Drive,<br>Santa Rosa Beach<br>850-267-2866x206   |
| Lakeview Center of<br>Walton                                    | 3686 US Hwy 331 S, DFS<br>850-332-6371 (program<br>questions); 850-469-3500<br>(new patients)<br><a href="http://lakeviewcenter.org">lakeviewcenter.org</a> |
| Mental Health<br>Association of Okaloosa<br>and Walton Counties | 850-244-1040<br><a href="http://www.mhaow.org">http://www.mhaow.org</a>   |
| See also Health Care<br>Providers                               | Hope Medical Clinic,<br>PanCare,<br>Walton Community<br>Health Ctrs   |



## Quick Resource Guide

(Emergency Shelter Edition)

Call 2-1-1 (or 855-420-8689) to speak to a resource specialist, search online at [211.nwfl.comunities.org](http://211.nwfl.comunities.org) or text your zip code to 898211 (M-F, 9 am-5 pm).

### Abuse/Assault:

**Florida Abuse Hotline** - 866-517-7766

**Domestic Violence** - 850-863-4777

**Sexual Assault** - 866-944-1222

### Disaster Help:

**Disaster Helpline** - 800-985-5990

**American Red Cross (Fire/Disaster)**  
800-RED-CROSS (1-800-733-2767)

### Mental Health:

**Lakeview Mobile Response Team**  
(mental health assessment & referrals)  
866-517-7766

**National Alliance on Mental Illness**  
800-950-6264 (peer support)  
or text 741-741

**Suicide & Crisis Lifeline** - Call or text 988  
988lifeline.org

### Special Populations:

**Elder Helpline:** 1-866-531-8011

**Red Cross Military members/veterans & family support (24/7)** - 1-877-272-7337

| FOOD ASSISTANCE  |  |
|--|--|
| <b>The Blue Door</b>   | 307 Harbor Blvd, Destin<br>850-650-2737  |
| <b>Caring &amp; Sharing of South Walton*</b><br>(MWF, 9am-2 pm;<br>Little Free Pantry on<br>Mon-Sat 4:30 pm) | 112 Lynn Drive,<br>Santa Rosa Beach<br>850-267-2866x206  |
| <b>Catholic Charities Caring Coach*</b> - Tues at 1 p.m.<br>(bring photo ID)                                 | <b>3rd Tues</b> - 247 US-331,<br>Defuniak Springs;<br><b>4th Tues</b> - 259 Miramar<br>Beach Dr, Miramar |
| <b>Church at the Bay/Open Door</b> (Sat 9am-4:30 pm)   | 24388 US Hwy 331 S,<br>Santa Rosa Beach  |
| <b>Defuniak Springs Community Ctr</b><br>(1st Tues, 9-11 am)   | 361 N. 10th Street<br>Defuniak Springs   |
| <b>Harvest House</b><br>(Tue-Fri 10-12pm)  | 300 Mountain Dr, Destin<br>(serves Miramar &<br>Destin), 850-837-2277                                    |
| <b>Heart and Hands/First Baptist</b> (Fri 9-11am)  | 81 W Main, Defuniak<br>Springs, 850-892-2722   |
| <b>New Life 7th Day Adventist</b><br>DFS: Mon 5 pm<br>Freeport: Thurs 4 pm                                   | 850-892-7777<br>532 Lakeview Dr.,<br>Defuniak Springs<br>Blount House, 541 Kylea<br>Laird Dr., Freeport  |
| <b>The Matrix*</b> (Thurs 12-2 pm; Little Free Pantry)   | 37 N. 9th St. Defuniak<br>Springs, 850-892-1090  |
| <b>St. Agatha's Episcopal</b><br>(Breakfast Sat 8 am)  | 150 Circle Dr., Defuniak<br>Springs, 850-496-8655  |

| SHELTER/TRANSITIONAL HOUSING                        |  |
|---|--|
| <b>Anchorage Children's Home</b> (up to age 22 yrs) | Panama City<br>850-784-1020  |
| <b>The Ark</b>                                      | Panama City Bch<br>850-234-3084  |
| <b>Be Generous</b><br>(Trafficking)                 | 850-687-7384   |
| <b>Calm House (for moms w/children)</b>             | Niceville<br>850-974-3780  |
| <b>Cold Night Shelter</b><br>(5:30 pm-7 am if open) | 61 N. 10th St., Defuniak<br>and/or Padgett Park<br>(810 JD Miller Rd),<br>Santa Rosa Beach.<br>Call 2-1-1 for updates. |
| <b>Crestview Area Shelter for the Homeless*</b>     | 428 McLaughlin St,<br>Crestview; 850-398-<br>5670  |
| <b>One Hopeful Place*</b><br>(adults only)          | 1564 N Beal Ext.,<br>Fort Walton Beach<br>(850) 586-7879   |
| <b>Opportunity Place*</b>                           | Fort Walton Beach<br>850-659-3190<br>(single women &<br>families)  |
| <b>Bethel Village</b>                               | Panama City<br>850-914-0533 (women<br>& children)  |

\*intake point for Homeless and Housing Alliance Coordinated Entry

\*\* More residential recovery & faith-based resources available upon request.

Last updated 03/18/2024

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